



COOL CATS conserve and protect

Cool cats protect endangered fish. Did you know that saving energy also saves another precious resource? The more energy we save, the less water we need to run through dams to generate electricity. This means we can maintain higher water levels in our reservoirs where it keeps our salmon and other endangered fish healthy. Higher levels keep water cooler (better for fish) and ensure adequate flows in spring so fish can swim safely to the ocean and back to spawn.

Place
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BE A TRIPLE WINNER!

Save Energy. Save The Environment. Save Money.

25 GREAT ENERGY HABITS TO ADOPT

- 1 Lower your thermostat at night and when you're not home. Use a programmable thermostat so it's automatic. Every degree lower can take 2 percent off your power bill.
- 2 Make it a habit to shut off lights, computers and other appliances when you're not using them.
- 3 Switch to compact fluorescent bulbs. They use a fourth of the energy used by regular bulbs.
- 4 Replace halogen lamps in torchieres with compact fluorescent torchieres. They use about 70 percent less energy and produce more light.
- 5 Use motion detectors to turn on outdoor lights rather than leaving them on all night.
- 6 Close your fireplace damper when there's no fire. Leaving it open is like having a 48-inch-square hole in your house.
- 7 Close off and don't heat unoccupied rooms.
- 8 Take showers with low-flow showerheads (they use 50 percent less hot water) instead of baths.
- 9 Set your water heater at 115 degrees (F), which is comfortable for most uses. Turn your water heater off when you go on vacation.
- 10 Wrap your water heater in R11 insulated wrap but don't cover the thermostat.
- 11 Run only full loads in your dishwashers and clothes washers and wash in warm or cold water.
- 12 Wash and dry clothes on week-ends when energy use isn't as high.
- 13 Air dry your dishes. In nicer weather or in a warm basement, air dry your clothes.
- 14 Clean your furnace and heat pump filters to keep them operating efficiently.
- 15 Limit use of kitchen and bathroom fans since they pull heat out of the house.
- 16 Open south-facing drapes and blinds during the day to let heat in. Cover all windows at night in winter.
- 17 Weatherstrip around your doors and windows and anywhere you feel a draft.
- 18 Set your refrigerator between 37 and 40 degrees (F).
- 19 Keep your refrigerator well stocked. It takes more energy to cool an empty fridge.
- 20 Clean lint out of refrigerator coils and out of dryers.
- 21 Use a microwave or toaster oven for cooking and heating small portions.
- 22 Check ceilings and crawl spaces to ensure there's adequate insulation.
- 23 Seal or fix broken basement windows.
- 24 Fix broken ducts and replace cracked or peeling tape on ducts. Use tape with the UL (Underwriters Laboratories) logo.
- 25 For long-term savings, choose and use energy-efficient appliances. Compare energy rating labels before you buy.

For more information, call your local utility or go to www.bpa.gov where you can get the "Energy Savers" tips put out by the Office of Energy Efficiency of the U.S. Department of Energy.

